



Home of 2012 & 2016 Olympian Steven Gluckstein
Come be a part of the Olympic movement!

Open Bounce

Age: All ages

Entails: 1 hour on Trampolines
 2 hours on Trampolines

“Open Bounce” is a designated time to jump and practice your skills with supervision but without instruction. This is a pay as you go program and only requires reservation the day of. Open Bounce allows jumpers to jump and enjoy the trampolines without the necessity of practice skills. Gym rules still apply, therefore only one at a time may jump per trampoline. Mats are available to practice flips with coach’s permission.

Schedule:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:30-6:30**	8:00-9:00pm	8:00-9:00pm	8:00-9:00pm	8:00-9:00pm	8:00-10:00*	6:00-8:00pm**

*Friday 8-10PM is Teen/Tween Night (ages 10+ only)

Teen/Tween Night consists of Open Bounce and Open Tumble with a live DJ and light show; each week is differently themed

**Weekend Open Bounce is by reservation only. Please allow at least 24 hours advance notice

Pricing:

1 hour Members/ Non-members	2 hours Members/ Non-members
\$10/\$15	\$15/\$25

*Currently enrolled students receive a \$5 discount per hour

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