Recreational Schedule Fall 2016-Spring 2017

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Mommy and Me Program			
Open Toddler Hour	*9:30-10:30*	*9:30-10:30*	*9:30-10:30*	*9:30-10:30*	*9:30-10:30*	*9:30-10:30*
Age 5 and under	*reservation required*	*reservation required*	*reservation required*	*reservation required*	*reservation required*	*reservation required*
			Preschool Program			
3-4 years old	10:30-11:30 *	10:30-11:15	10:30-11:30 *	10:30-11:15	10:30-11:30 *	9:00-9:45
45min	1:45-2:30	3:50-4:50 *	3:45-4:30	1:45-2:30	3:50-4:50 *	10:00-10:45
			Small Group Instruction			
			3:30-4:30 (Max 4 kids)	***3:30-4:30 (Max 4 kids)***		
			Recreational Trampoline/Tumbling/Cheer/Gymnastics Classes for ages 5-7 y old			
TRAMPOLINE 5-7 years old	5:00-6:00 ADV	3:50-4:50	5:00-6:00	3:50-4:50	6:10-7:10	10:00-11:00
TUMBLING 5-7 years old	*3:50-4:50*	*3:50-4:50*	*5:00-6:00*	*6:10-7:10*	*5:00-6:00*	12:00-1:00
GYMNASTICS 5-7 years old		*5:00-6:00*		*5:00-6:00*		11:00-12:00
Cheer 5-7 years old	***5:00-6:00***		***3:50-4:50***		***3:50-4:50***	
			Recreational Trampoline/Tumbling/Cheer/Gymnastics Classes for ages 8-10 y old			
TRAMPOLINE 8-10 years old	*3:50-4:50*	*3:50-4:50*	*6:10-7:10*	*5:00-6:00*	*5:00-6:00*	*10:00-11:00*
TUMBLING 8-10 years old	*5:00-6:00*	*5:00-6:00*	*3:50-4:50*	*6:10-7:10*	*5:00-6:00*	*11:00-12:00*
GYMNASTICS 8-10 years old	*6:10-7:10*		*5:00-6:00*		*3:50-4:50*	
Cheer 8-10 years old		*6:10-7:10*		*5:00-6:00*		*12:00-1:00*
			Recreational Trampoline/Tumbling/Cheer/Gymnastics Classes for ages 11-13 y old			
TRAMPOLINE 11-13 years old	*3:50-4:50*	*6:10-7:10*	*7:15-8:15*	*7:15-8:15*	*3:50-4:50*	
Cheer 11-13 years old					*6:10-7:10*	
TUMBLING 11-13 years old	*5:00-6:00*	*3:50-4:50*	*3:50-4:50*	*3:50-4:50*	*5:00-6:00*	
			Recreational Trampoline/Tumbling/Cheer/Gymnastics Classes for ages 14-16 y old			
TR 14-17		*5:00-6:00*	*7:15-8:15*	*7:15-8:15*		
TU 14-17	*5:00-6:00*	*6:10-7:10*		*3:50-4:50*		
			ADVANCED TRAMPOLINE/TUMBLING CLASSES			
Advanced Classes	**7:-8:40 TR ADV**		**6:10-7:40 TR**			9:30-11:00 TR ADV
10 and younger	**6:10-7:40 TU ADV**		7:10-8:40 TU ADV			
Advanced Classes		**4:30-6:00 TR ADV**		**7:10-8:40 TR ADV**		
11-13 years old		**7:15-8:45 TR ADV**		**6:10-7:40 TU ADV**		
Adult Classes	**7:30-8:30**				**11:30-12:30**	
Open Work Out	**8:00-9:00**	**8:00-9:00**	**8:00-9:00**	**8:00-9:00**	**9:00-11:00**	**6:00-8:00**
	reservation required	reservation required	reservation required	reservation required	reservation required	reservation required
						SUNDAY
						4:30-6:30